











## Helmet Standards

### The following shows helmets permitted in Pony Club

*Helmets generally have a useful life of five years, but must be checked after a fall.*

*Some States require you to replace your helmet after five years.*

Standard	PCA
Australia New Zealand standard AS/NZS 3838 Marked SAI Global 	
Australia New Zealand standard ARB HS 2012 (racing helmets) Marked SAI Global 	
American standard ASTM F1163 Marked SEI or SNELL E2001 	
British Standard PAS 015 (1998 or 2011) BSI Kitemarked 	
European standard (old) <b>EN1384</b>	 <b>No longer permitted as of 1/1/21</b>
European standard (new, interim) VG01.040 (2014-12) This may be abbreviated as 'VG1' on the helmet label	 <b>Note that new helmets may carry both the EN1384 &amp; VG01.040 marks</b>